



This is a true adult beginner hockey program - no prior experience is required.

Whether you've never stepped on the ice or you're returning after years away, our experienced coaches teach the fundamentals from the ground up.

Throughout the program, players will be introduced build confidence, develop real game awareness, and experience the flow of hockey in a fun, supportive environment that mirrors team play. It will prepare you for the next step into our Adult Hockey League.



BENEFITS

- Try hockey for the first time
- Beginner Friendly
- Build confidence
- Make new friends
- Stay active and competitive
- Preparation to enter our Adult Hockey League

SKILL DEVELOPMENT

- Skating fundamentals for beginners
- Puck handling & stick control
- Passing & shooting technique
- Hockey rules & positioning

EQUIPMENT

- Full hockey equipment is not required until the 4th session.
- Rental options available at rinkratrentals.com

View equipment information on our website



SNO-KING ICE ARENAS

IT'S ALWAYS A GREAT DAY FOR HOCKEY!

Meet other new adult players in a welcoming, low-pressure environment!

WWW.SNOKINGICEARENAS.COM
RENTON - KIRKLAND - SNOQUALMIE



ADULT LEARN TO PLAY

SPRING SESSION INFORMATION

SNOQUALMIE



ALTP 1

July 12 - Aug 30

5:45pm-6:45pm
Pre-requisites: NONE

ALTP 2

July 12 - Aug 30

6:45pm-7:45pm
Pre-requisites: ALTP 1

**SNO-KING
ICE ARENAS**

SNOQUALMIE
35323 SE Douglas St
Snoqualmie WA
98065

RENTON



ALTP 1

July 12 - Aug 30

5:15pm-6:15pm
Pre-requisites: NONE

ALTP 2

July 12 - Aug 30

6:15pm-7:15pm
Pre-requisites: ALTP 1

**SNO-KING
ICE ARENAS**

RENTON
12620 164th Ave SE
Renton WA
98059

TRY HOCKEY FREE

Adult Learn to Play (ALTP) Try Hockey Free provides adults an opportunity to experience playing hockey for the first time. If you aren't sure you want to join our ALTP program, this is your opportunity to try it out before you register. Coaches and volunteers will be on the ice to assist in learning the basics. This event is designed for adults that have never tried hockey before. No previous skating or hockey experience necessary.

Full hockey equipment is not provided nor is it required but if you have it we encourage you to wear it.

The recommended equipment is:

- Skates which will be provided.
- Skaters must bring a helmet (bike or similar helmet).
- Knee/elbow pads optional but highly encouraged.

**June 27th , 2026
3:45pm-4:45pm**

**Sno-King Ice Arena
Renton**

SNO-KING ICE ARENAS

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