

ADULT LEARN TO PLAY

DISCOVER THE THRILL OF ADULT HOCKEY

This is a true adult beginner hockey program - no prior experience is required.

Whether you've never stepped on the ice or you're returning after years away, our experienced coaches teach the fundamentals from the ground up.

Throughout the program, players will build confidence, develop real game awareness, and experience the flow of hockey in a fun, supportive environment that mirrors team play. It will prepare you for the next step into our Adult Hockey League.



BENEFITS

- Try hockey for the first time
- Makes learning easy for beginners
- Build confidence
- Make new friends
- Stay active and competitive
- Prepare to enter our Adult Hockey League

SKILL DEVELOPMENT

- Skating fundamentals for beginners
- Puck handling & stick control
- Passing & shooting technique
- Hockey rules & positioning

EQUIPMENT

- Full hockey equipment is not required until the 4th session.
- Rental options available at rinkratrentals.com

Equipment is not required until the 4th session of ALTP 1. View equipment information on our website



SNO-KING ICE ARENAS

IT'S ALWAYS A GREAT DAY FOR HOCKEY!

Meet other new adult players in a welcoming, low-pressure environment!

WWW.SNOKINGICEARENAS.COM

RENTON – KIRKLAND – SNOQUALMIE

ADULT LEARN TO PLAY
WINTER SESSION INFORMATION

SNOQUALMIE

ALTP 1	ALTP 2
Jan 24 - March 21	**Jan 24 - March 21**
4:45pm-5:45pm	5:45pm-6:45pm
Skip date: 2/14	Skip date: 2/14
Pre-requisites: NONE	Pre-requisites: ALTP 1

SNO-KING ICE ARENAS
SNOQUALMIE
35323 SE Douglas St
Snoqualmie WA
98065

RENTON

ALTP 1	ALTP 2
Jan 24 - March 21	**Jan 24 - March 21**
5:15pm-6:15pm	6:15pm-7:15pm
Skip date: 2/14	Skip date: 2/14
Pre-requisites: NONE	Pre-requisites: ALTP 1

SNO-KING ICE ARENAS
RENTON
12620 164th Ave SE
Renton WA
98059

TRY HOCKEY FREE

Adult Learn to Play (ALTP) Try Hockey Free provides adults an opportunity to experience playing hockey for the first time. If you aren't sure you want to join our ALTP program, this is your opportunity to try it out before you register. Coaches and volunteers will be on the ice to assist in learning the basics. This event is designed for adults that have never tried hockey before. No previous skating or hockey experience necessary.

Full hockey equipment is not provided nor is it required but if you have it we encourage you to wear it.

The recommended equipment is:

- **Skates which will be provided.**
- **Skaters must bring a helmet (bike or similar helmet).**
- **Knee/elbow pads optional but highly encouraged.**

Jan 10th, 2027
5:00pm - 6:00pm
Sno-King Ice Arena Snoqualmie Rink B

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