

SNO-KING ICE ARENAS

LEARN TO PLAY

ADULT

SESSIONS

ADULT HOCKEY 1

Jan 7 - Mar 3

5:15pm-6:15pm

No Class: 2/18

ADULT HOCKEY 2

Jan 7 - Mar 3

6:15pm-7:15pm

No Class: 2/18

Are you an adult that has always wanted to learn to play hockey?



Adult Learn to Play Hockey 1 is for adults ages 18+ who have never played hockey before or for those who have very little experience. This class is the first step to entering an Adult Hockey league. Each week participants will progress on the basics of the forward and backward skating stride, stopping, puck control, passing and shooting. Prerequisites: No skating or hockey experience required.

PROGRAM INFORMATION:

- 8 Week Sessions
- Players can join at anytime
- At least 30 minutes of each hour will focus on skating
- Registration does not include equipment.

AGES 18+

RENTON

12620 164th Ave SE Renton, WA 98059

www.snokingicearenas.com/renton



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