

SNO-KING ICE ARENAS

LEARN TO PLAY

ADULT

SESSIONS

ADULT HOCKEY 1

Jan 7 - Mar 3

5:45pm-6:45pm

March 3rd 6:30pm-7:30pm

No Class: 2/18

ADULT HOCKEY 2

Jan 7 - Mar 3

6:45pm-7:45pm

March 3rd 7:30pm-8:30pm

No Class: 2/18

ADULT HOCKEY 3

Jan 3 - Feb 28

8:25pm-9:25pm

No Class: 2/14

Drop-Ins Welcome

ADULT HOCKEY 4

Jan 3 - Feb 28

9:25pm-10:25pm

No Class: 2/14

Drop-Ins Welcome

Are you an adult that has always wanted to learn to play hockey?



Adult Learn to Play Hockey 1 is for adults ages 18+ who have never played hockey before or for those who have very little experience. This class is the first step to entering an Adult Hockey league. Each week participants will progress on the basics of the forward and backward skating stride, stopping, puck control, passing and shooting.

Prerequisites: No skating or hockey experience required.

PROGRAM INFORMATION:

- 8 Week Sessions
- Players can join at anytime
- At least 30 minutes of each hour will focus on skating
- Registration does not include equipment.

AGES 18+

SNOQUALMIE

www.snokingicearenas.com/snoqualmie



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