

Prerequisites: Basic 4+

FIGURE SKATING SKILLS



APRIL 15TH - JUNE 15TH



ON-ICE

MONDAY SPINS:
5:00pm-5:30pm

TUESDAY SKILLS A & B:
Ice Theater: 4:15pm-4:45pm

THURSDAY SKILLS A & B:
Solo Dance: 4:15pm-4:45pm

SATURDAY SKILLS A:
Boot Camp: 6:30am-7:15am

SATURDAY SKILLS B (high-level):
Jr. Boot Camp
9:00am-9:30am

ADULT EDGE:
9:00am-9:30am

OFF-ICE

MONDAY SKILLS A & B ROTATIONS
5:35pm-6:05pm

SATURDAY SKILLS A
8:00am-8:50am

SATURDAY SKILLS B
9:35am-10:05am

ADULT (18+)

Adult Only Freestyle Sessions:
Thursdays 9:15am-11:15am

Saturday Adult Edge:
9:00am-9:30am

SPRING EVENTS

Test Session: April 18th & June 13

Sk8 to Elimin8 Cancer Presentation and 5K: April 27

Leap into Summer Camp: June 24-27

Summer Skating School: July 1-Aug 16

**SNO-KING
ICE ARENAS**

KIRKLAND
14326 124TH AVE NE KIRKLAND



www.SnoKingIceArenas.com

WE DEVELOP SKATERS FOR LIFE

FREESTYLE SESSIONS

- All skaters on Sno-King Kirkland Freestyle sessions are required to be a current member of US Figure Skating Basic Skills or Full Membership. Memberships can be obtained at www.kingsgateskatingclub.org
- There is to be no parent or guardian rink side in hockey boxes. Everyone is welcome to view from our bleachers.
- 30 minute freestyle sessions
- Prepaid discounted packages are available online
- Register online at www.snokingicearenas.com

SCHEDULE

Schedule subject to change. Always check online for updated schedule information

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-6:30 Freestyle	6:00-6:30 Freestyle	6:00-6:30 Freestyle	6:00-6:30 Freestyle	6:00-6:30 Freestyle	6:00-6:30 Freestyle
6:30-7:00 Freestyle	6:30-7:00 Freestyle	6:30-7:00 Freestyle	6:30-7:00 Freestyle	6:30-7:00 Freestyle	
7:00-7:30 Freestyle	7:00-7:30 Freestyle	7:00-7:30 Freestyle	7:00-7:30 Freestyle	7:00-7:30 Freestyle	6:30-7:15 Boot Camp
7:30-8:00 Freestyle	7:30-8:00 Freestyle	7:30-8:00 Freestyle	7:30-8:00 Freestyle	7:30-8:00 Freestyle	7:15-7:45 Freestyle
8:00-8:30 Freestyle	8:00-8:30 Freestyle	8:00-8:30 Freestyle	8:00-8:30 Freestyle	8:00-8:30 Freestyle	Zam
8:30-9:00 Freestyle	8:30-9:00 Freestyle	8:30-9:00 Freestyle	8:30-9:00 Freestyle	8:30-9:00 Freestyle	8:00-8:30 Freestyle
Zam	Zam	Zam	Zam	Zam	8:30-9:00 Freestyle
9:15-9:45 Freestyle	9:15-9:45 Freestyle	9:15-9:45 Public	9:15-9:45 Adult Only Freestyle	9:15-9:45 Freestyle	9:00-9:30 Jr. Boot Camp
9:45-10:15 Freestyle	9:45-10:15 Freestyle	9:45-10:15 Public	9:45-10:15 Adult Only Freestyle	9:45-10:15 Freestyle	9:00-9:30 Adult Edge
10:15-10:45 Freestyle	10:15-10:45 Freestyle	10:15-10:45 Public	10:15-10:45 Adult Only Freestyle	10:15-10:45 Freestyle	9:00-9:30 Bridge-Aspire
10:45-11:15 Freestyle	10:45-11:15 LTS	10:45-11:15 Public	10:45-11:15 Freestyle	10:45-11:15 Freestyle	
	12:00 Public				
2:00-2:30 Freestyle	1:45 Zam	1:45-2:15 Freestyle	2:15-2:45 Freestyle	1:45-2:15 Freestyle	Afternoon Public
2:30-3:00 Freestyle	2:00-2:30 Public	2:15-2:45 Freestyle	2:45-3:15 Freestyle	2:15-2:45 Freestyle	
3:00-3:30 Freestyle	2:30-3:00 Public	2:45-3:15 Freestyle	3:15-3:45 Freestyle	2:45-3:15 Freestyle	
3:30-4:00 Freestyle	3:00-3:30 Public	3:15-3:45 Freestyle	3:45-4:15 Freestyle	3:15-3:45 Freestyle	
4:00-4:30 Freestyle	3:30-4:00 Public	Zam	4:15-4:45 Freestyle	Zam	
4:30-5:00 Freestyle	4:15-4:45 Ice Theater	4:00-4:30 Freestyle	4:15-4:45 Solo Dance	4:00-4:30 Freestyle	
5:00-5:30 Spins	4:00-4:45 Public	4:30-5:00 Freestyle	4:45-5:15 Freestyle	4:30-5:00 Freestyle	
		5:00-5:30 Freestyle	5:00-5:30 Bridge-Aspire	5:00-5:30 Freestyle	
		5:30-6:00 Freestyle		5:30-6:00 Freestyle	
		6:00-7:05 LTS		6:00-7:05 LTS	

