

Prerequisites: Adult 4



ADULT EDGE



The Renton Aspire Academy program is the bridge between Learn to Skate group classes and advanced Figure Skating training classes. Through the development of athleticism and artistry, skaters build a solid skill foundation that drives success on and off the ice.

On ice instruction includes turns, edges, spins, jumps, and beginning ice dances. Off ice class introduces skaters to components of fitness that support strength, balance, flexibility, and coordination.

ADULT EDGE

SATURDAYS 11:10AM-12:15PM



REGISTRATION

www.SnoKingIceArenas.com
Online registration is required



SCHEDULE

- 11:10am to 11:55am on ice
- 11:55am skates off
- 12pm-12:15pm off ice



COST

\$315
Includes:
7 Classes

**SNO-KING
ICE ARENAS**

RENTON

12620 164TH AVE SE RENTON
heather@snokingrenton.com



www.SnoKingIceArenas.com