

KIRKLAND SUMMER INTENSIVE

JULY 1 - AUGUST 15

LIMITED
OFFER

**SUMMER INTENSIVE
MEMBERSHIP \$199**

Get 40% off select summer figure skating classes with our Summer Intensive Membership for \$199. Must purchase membership by June 15, 2025. Consult your coach on which group (Skills A or B) is suitable for you. Visit snokingicearenas.com/summer-membership for more information.



ON-ICE SKILLS

Skills A

Mon/Wed/Fri: 8:45am-9:15am

Ice Theatre

Mon: 10:45am-11:15am

Power

Tue/Thu: 8:30am-8:45am

Skills B

Mon/Wed/Fri: 9:15am-9:45am

Solo Dance

Wed: 10:45am-11:15am

OFF-ICE SKILLS

Skills A

Mon/Wed/Fri: 9:25am - 10:05am
Tue/Thu: 9:00am - 9:45am

Skills B

Mon/Wed/Fri: 8:30am - 9:00am
Tue/Thu: 10:10am - 9:40am

ADULT (18+)

Adult Only Sessions:

Thurs 10:30am-11:30am

SUMMER EVENTS

Leap into Summer Camp: June 24-27

Summer Skating School: July 1-Aug 15

Summer Exhibition: July 25 Afternoon Event



WE DEVELOP SKATERS FOR LIFE

SESSIONS

- All skaters on Sno-King Kirkland Freestyle sessions are required to be a current member of US Figure Skating Basic Skills or Full Membership. Memberships can be obtained at www.kingsgateskatingclub.org
- There is to be no parent or guardian rink side in hockey boxes. Everyone is welcome to view from our bleachers.
- 30 minute freestyle sessions
- Prepaid discounted freestyle packages are available online
- Register online at www.snokingicearenas.com

ON-ICE & LEVELS

Skills A: Gold and Silver

Gold: Passed Bronze-Senior Skating Skills

Silver: Passed Preliminary-Pre-Bronze

Skills B: Bronze and Pewter

Bronze: Passed Pre-Preliminary Skating Skills

Pewter: Aspire (Free Skate 1-4)

Adult (18+) Programming

All levels welcome

SCHEDULE

Schedule subject to change. Always check online for updated schedule information

Monday		Tuesday		Wednesday		Thursday		Friday	
6:00	Freestyle	6:00	Freestyle	6:00	Freestyle	6:00	Freestyle	6:00	Freestyle
6:30	Freestyle	6:30	Freestyle	6:30	Freestyle	6:30	Freestyle	6:30	Freestyle
7:00	Freestyle	7:00	Freestyle	7:00	Freestyle	7:00	Freestyle	7:00	Freestyle
7:30	Freestyle	7:30	Freestyle	7:30	Freestyle	7:30	Freestyle	7:30	Freestyle
8:00	Freestyle	8:00	Freestyle	8:00	Freestyle	8:00	Freestyle	8:00	Freestyle
8:30-8:45	ZAM	8:30-8:45	Power	8:30-8:45	ZAM	8:30-8:45	Power	8:30-8:45	ZAM
8:45-9:15	Skills A	8:45	Zam	8:45-9:15	Skills A	8:45	Zam	8:45-9:15	Skills A
Edges/Artistry	Edges/Artistry	9:00	Freestyle	Skills Drills	Skills Drills	9:00	Freestyle	Spins	Spins
9:15-9:45	Skills B	9:30	Freestyle	9:15-9:45	Skills B	9:30	Freestyle	9:15-9:45	Skills B
9:45	Freestyle	10:00	Freestyle	9:45	Freestyle	10:00	Freestyle	9:45	Freestyle
10:15	Freestyle	10:30	Freestyle	10:15	Freestyle	10:30	Adult Freestyle	10:15	Freestyle
10:45	Freestyle	11:00	LTS	10:45	Freestyle	11:00	Adult Freestyle	10:45	Freestyle
10:45	Ice Theatre	12:00	End	10:45	Solo Dance	11:30 end		11:15	Freestyle
11:15	Freestyle			11:15	Freestyle	11:30 End		11:45	End
11:45	End			11:45	End				
PM	Public	PM	Public	PM	Freestyle session	PM	Freestyle session	PM	Freestyle session
PM	Public					5:00	Bridge-Aspire		
				8:00	LTS			6:00	LTS
Monday		Tuesday		Wednesday		Thursday		Friday	
Off-Ice Jump Rotations		Pilates		Ballet Lyrical		Strength-Conditioning		Stretch Class	
8:30-9:00	Skills B	9:00-9:45	Skills A	8:30-9:00	Skills B	9:00-9:45	Skills A	8:30-9:00	Skills B
9:25-10:05	Skills A	10:10-10:40	Skills B	9:25-10:05	Skills A	10:10-10:40	Skills B	9:25-10:05	Skills A

- Off-Ice Skills: Age/maturity-based groups. Skills B participants may join Skills A
- Hockey Camp July 7-10: M-W on-ice ends 10:15am; Theatre-Solo Dance cancelled. T-Th on-ice ends 10:00am; Adult sessions cancelled.
- Hockey Camp July 17: Session ends 10:30am (TBD)
- During Hockey Camps, all Off-Ice and morning On-Ice Skills are as scheduled.

REGISTRATION

